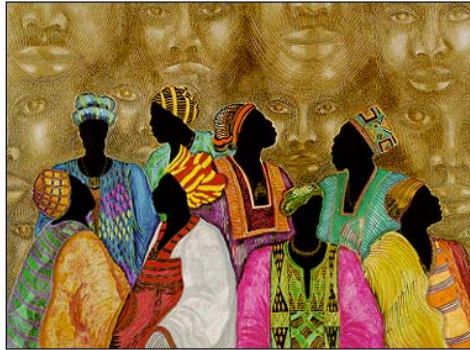


Sacramento Area Black Caucus  
c/o **CAP**  
PO Box 5528  
Sacramento, CA 95817  
916-484-5025  
fayek@springmail.com  
www.congressofafricanpeoples.org

## ***Reclaiming Our Communities and Moving Forward***



*Meeting of the Minds  
By Kathleen Wilson*

### ***3<sup>rd</sup> Annual Convening of the Congress of African Peoples***

***Saturday, September 10, 2005  
9:00am – 4:30pm  
Women's Civic Improvement Center  
3555 3<sup>rd</sup> Avenue  
Sacramento, CA 95817***

**Convening Co-Sponsors (partial list):**  
All African People's Revolutionary Party,  
Black United Fund of Sacramento  
Valley, Freedom Bound Center and  
Sacramento Area Black Caucus...

### **Mission**

The mission of the Congress of African Peoples (CAP) is to promote dialogue among African-descended individuals and organizations in Sacramento by sharing perspectives, visions, hopes, expectations, disappointments, plans, and ongoing work.

### **Purpose**

The purpose of CAP is to provide for an annual convening of people of African descent in Sacramento. The Congress shall not attempt to develop an action agenda. The purpose of the Congress is to provide a space in which African/Black people from all over the area can share and connect with each other. What comes out of that space is up to the initiatives of the participants.

We will come together to share our experiences, acknowledge our accomplishments, voice our concerns and exchange ideas, with the hope that we will return to our homes, neighborhoods, jobs, churches, mosques and temples with a greater understanding and inspiration to improve our lives.

**Congress of African Peoples  
Saturday, September 10, 2005**

**Event:**

Registration begins at 8:30am. The convening fee includes continental breakfast, cultural program, luncheon and workshops.

The Congress program is designed to be festive for participants' enjoyment. The day will include a cultural program, a delicious lunch, a variety of workshops, and cultural vendors.

**Free Health Checks**  
*Sponsored by the Birthing Project*

**Opening Ceremonies  
9:00am**

- African Drumming & Libation Ceremony

**Opening Remarks**

- Dr. David Covin, Founder & Creator, CAP

**Morning Workshops  
9:50am – 11:30am**

- Reclaiming Our Place Globally
- Reclaiming Our Place Economically
- Reclaiming Our Freedom from Incarceration

**Luncheon Keynote  
Dr. La Donna White, M.D.  
“Reclaiming Our Health and Wholeness”**

**Lunch catered by**  
*Bonnie Johnson,  
of Bonnie's Gastronomic  
bonnie.johnson3@comcast.net  
(916) 665-6295*

**Afternoon Workshops  
1:35pm-3:15pm**

- Reclaiming Education to Serve Our Needs
- Recognizing Elders and Securing Recourses for Our Elders
- Reclaiming the Right for Our Youth to Achieve their Potential

**Final Plenary Session & Closing Ceremony**

**Childcare, Special Meals, and Special Assistance**

Please indicate on the registration form if you will need childcare, special meals, and/or special assistance.

**For exhibit/vendor information:**

Contact Norma Johnson  
(916) 428-1433

**For more information, please call:**

Kakwasi Somadhi (916) 453-0190  
ksomadhi@comcast.net or  
Faye Kennedy (916) 484-5025  
fayek@springmail.com

**Registration Information**

**Registration Fees:**

The registration fee includes registration materials and lunch/refreshments. The registration fees:

- Individual \$20.00
- Seniors/Students/Low Income \$ 5.00
- Local non-profit organizations \$25.00
- National/Large non-profit organizations \$50.00

Name	
Organization	
Address	
City, State, Zip	
Work Phone	
Home Phone	
E-mail	
Fax	
Childcare	Yes or No      Age of child____
Meals	Veg____ Vegan____
Special Needs	
Other	

**Please make check or money payable to Black United Fund (BUF).**

**Return completed registration form and payment by September 3, 2005**

**Mail to:**

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c/o CAP  
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