Reclaiming Our Communities and Moving Forward

3rd Annual Convening of the Congress of African Peoples

Saturday, September 10, 2005
9:00am – 4:30pm
Women’s Civic Improvement Center
3555 3rd Avenue
Sacramento, CA 95817

Mission

The mission of the Congress of African Peoples (CAP) is to promote dialogue among African-descended individuals and organizations in Sacramento by sharing perspectives, visions, hopes, expectations, disappointments, plans, and ongoing work.

Purpose

The purpose of CAP is to provide for an annual convening of people of African descent in Sacramento. The Congress shall not attempt to develop an action agenda. The purpose of the Congress is to provide a space in which African/Black people from all over the area can share and connect with each other. What comes out of that space is up to the initiatives of the participants.

We will come together to share our experiences, acknowledge our accomplishments, voice our concerns and exchange ideas, with the hope that we will return to our homes, neighborhoods, jobs, churches, mosques and temples with a greater understanding and inspiration to improve our lives.

Convening Co-Sponsors (partial list):
All African People’s Revolutionary Party, Black United Fund of Sacramento Valley, Freedom Bound Center and Sacramento Area Black Caucus…
Congress of African Peoples  
Saturday, September 10, 2005

Event:  
Registration begins at 8:30am. The convening fee includes continental breakfast, cultural program, luncheon and workshops.

The Congress program is designed to be festive for participants' enjoyment. The day will include a cultural program, a delicious lunch, a variety of workshops, and cultural vendors.

Free Health Checks  
Sponsored by the Birthing Project

Opening Ceremonies  
9:00am

- African Drumming & Libation Ceremony

Opening Remarks

- Dr. David Covin, Founder & Creator, CAP

Morning Workshops  
9:50am – 11:30am

- Reclaiming Our Place Globally
- Reclaiming Our Place Economically
- Reclaiming Our Freedom from Incarceration

Luncheon Keynote
Dr. La Donna White, M.D.
“Reclaiming Our Health and Wholeness”

Lunch catered by
Bonnie Johnson, of Bonnie’s Gastronomic
bonnie.johnson3@comcast.net
(916) 665-6295

Afternoon Workshops
1:35pm-3:15pm

- Reclaiming Education to Serve Our Needs
- Recognizing Elders and Securing Recourses for Our Elders
- Reclaiming the Right for Our Youth to Achieve their Potential

Final Plenary Session & Closing Ceremony

Childcare, Special Meals, and Special Assistance
Please indicate on the registration form if you will need childcare, special meals, and/or special assistance.

For exhibit/vendor information:
Contact Norma Johnson  
(916) 428-1433

For more information, please call:
Kakwasi Somadhi (916) 453-0190
ksomadhi@comcast.net or
Faye Kennedy (916) 484-5025
fayek@springmail.com

Registration Information

Registration Fees:
The registration fee includes registration materials and lunch/refreshments. The registration fees:
- Individual $20.00
- Seniors/Students/Low Income $5.00
- Local non-profit organizations $25.00
- National/Large non-profit organizations $50.00

Name
Organization
Address
City, State, Zip
Work Phone
Home Phone
E-mail
Fax
Childcare Yes or No Age of child____
Meals Veg___ Vegan___
Special Needs
Other

Please make check or money payable to Black United Fund (BUF).

Return completed registration form and payment by September 3, 2005

Mail to:
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c/o CAP
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(916) 484-5025
Website: congressofafricanpeoples.org