

**The 'Cindy' Smallwood
Medical Education
Foundation, Inc.**

**Tenth Anniversary
&
Awards Benefit Banquet**



**SATURDAY,
MARCH 10, 1984**

**GRAND BALLROOM—AMFAC HOTEL
1380 Old Bayshore Highway
Burlingame, California**

PROGRAMS AND COMPONENTS OF THE CINDY SMALLWOOD MEDICAL EDUCATION FOUNDATION

The Smallwood Foundation was founded in 1973 in dedication to the goals and aspirations of the late Cindy Smallwood. Cindy inspired numerous persons through her commitment to alleviating inequities of the poor, blacks and other minorities.

COMPONENTS

Counseling Division

Grief Therapy
Women's Prescription and Polydrug Abuse Therapy
Marriage and Family Matters
Women in Transition

Scholarship Division

Financial assistance to medical students with first preference going to Third World Women

Medical Education Division

Informational Film and Video Tapes
Research Materials

Quasi-Morticide Program

Quasi-morticide is a word originated by the Smallwood Foundation that incorporates homicide, avoidable accidents, drug and alcohol abuse and other self-destructive acts. The acts of quasi-morticide prone individuals become a way out. The resultant self-destruction is suicide nonetheless, even if the act fails.

The statistics on Black Quasi-Morticide or Suicide are appalling and can be ignored no longer by the Black Community. Every year the rates go up to the despair and consternation of concerned individuals. Today the rate for Blacks are 3 to 4 times those for the rest of the population. The fight is on! We owe it to ourselves and each other to halt the carnage!

Endowment Division

The Foundation Endowment Policy provides for the following:

- A. Income Tax Shelter for up to six (6) years.
- B. An annuity for life.
- C. An investment program managed by professionals in stocks, and other areas including real estate, collectables, and other investment refuges.
- D. An ever-increasing income for later years based on reinvestment results without taxes.

Several of the Big Eight Accounting Firms are prepared, under Foundation auspices, to determine your aspirations and provide, from their experience, the package which will meet your income protection, estate protection, and retirement criteria.

The refuge used by the very rich to protect income and estates is yours. All you are required to do is to indicate an interest. We will do the rest. Contact Ernest Gruen, Financial Consultant, or Catherine Smallwood, Ph.D. at 574-1730.

RESIDENT'S MESSAGE



OFFICE OF THE MAYOR

330 WEST 20TH AVENUE
SAN MATEO, CALIFORNIA 94403

TELEPHONE: (415) 574-6765

February 15, 1984

Greetings to the Smallwood Foundation:

On behalf of the City of San Mateo, I extend greetings to the "Cindy" Smallwood Medical Education Financial Assistance Foundation on the occasion of the Tenth Anniversary and Awards Benefit Dinner. It is my pleasure to commend the foundation for service in the fields of aging, terminal illness, death, general psychotherapy, and poly-drug abuse as well as your efforts in awarding medical scholarships.

Sincerely,

Florence P Rhoads

FLORENCE P. RHOADS
MAYOR

FPR:1613d